

FOR IMMEDIATE RELEASE

Malaica launches a dedicated maternity hospital to transform maternal care in Nairobi

Nairobi, September 24, 2026

Across Africa, maternal health continues to be fragmented, with critical gaps across preconception, maternity, and postnatal care. For many women, the pregnancy journey can also be isolating, with support often centred around clinical appointments rather than the physical, emotional and social realities of becoming a mother. Today, Malaica is addressing this challenge with the launch of a boutique end-to-end maternity hospital, a landmark development designed to deliver continuous care across every stage of a woman's maternal journey.

Located at 240 General Mathenge Gardens in Westlands, the facility introduces a new model of maternal healthcare in Kenya, combining clinical excellence with innovation, community and a deeply personalised patient experience. The boutique hospital is intentionally designed to feel less like a traditional hospital and more like a calm, reassuring space that brings together medical care, comfort and support for mothers. For many women, pregnancy care can mean navigating multiple providers, repeating tests and medical histories, and making decisions across disconnected stages of care. Beyond clinical appointments, there are also the emotional and practical realities of pregnancy and early motherhood that can be difficult to navigate alone. Malaica is responding by extending maternal care beyond the traditional point at which it begins. Through our preconception care offering, women can access support earlier in their motherhood journey and remain connected to expert care and a wider support system throughout pregnancy and early motherhood, wherever they may be.



More than a medical facility, the hospital reflects a boutique care philosophy, combining warmth, dignity, and comfort with advanced clinical systems. Services include 24/7 emergency care, structured care navigation, mental health support, doula services, physiotherapy, birth preparation and maternal wellness programmes, all designed to ensure both physical and emotional wellbeing. The new hospital is supported by a multidisciplinary team of obstetricians, midwives, paediatricians, anesthesiologists, nurses, doulas, physiotherapists and mental health professionals working in close coordination to ensure safety, continuity, and clinical excellence across all stages of care. Jointly, the team supports women across the physical, emotional and mental dimensions of pregnancy, birth and postpartum recovery.

“For too long, women have had to navigate fragmented systems. What we are building is a connected model that brings care together before, during, and after pregnancy, so that women can move through each stage with clarity and confidence. Our focus is on creating a more intentional and supportive experience around motherhood, not just clinical intervention.” **Dr. Lorraine Muluka, CEO, Malaica.**

This launch comes at a time when demand for quality maternal and reproductive healthcare in Nairobi continues to grow, driven by increasing awareness of preconception health and holistic maternal wellbeing. Malaica’s approach responds to this shift by offering an integrated model that prioritises long-term health outcomes over episodic care.

“We will focus on giving our mums continuous, end-to-end care through clear navigation pathways, ensuring every patient is guided and cared for throughout her journey. That support does not stop when a mother leaves our facility. Whether she is at home, at work or going about her daily life, she remains connected to the experts and support system around her. We bring together physical, mental and emotional support because every pregnancy is individual, and no mother should have to navigate it alone.” **Dr. Lisa Ochola, Medical Director, Malaica**

The facility will feature private recovery suites, dedicated consultation rooms, a neonatal care unit, and wellness spaces designed to support rest, recovery, and emotional wellbeing. Through this development, Malaica reinforces its commitment to building a connected maternal healthcare ecosystem that combines clinical excellence, patient experience, and community engagement to improve outcomes for women and families.

Malaica continues to engage partners, healthcare professionals, and the wider community in shaping a care approach shaped by Africa, for African women and families. Community is also central to Malaica’s approach. Through maternal education, wellness programmes and opportunities for mothers to connect with one another, Malaica is creating a support network around women during a period of life that can often feel isolating.

For partnership opportunities and general inquiries, please contact info@malaica.com

For media inquiries, interview requests, or high-resolution images, please contact media@malaica.com

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About Malaica

Malaica is a leading maternity hospital in Nairobi offering comprehensive pregnancy and maternal care. We provide obstetrician-gynecologist (OB-GYN) services, including antenatal clinics, delivery, and postnatal care, with a strong focus on continuity and personalised attention. At Malaica, you are supported by a dedicated team that brings together experienced obstetricians, diagnostics, 24/7 emergency care, birth preparation, and mental health support, so you always know where to turn. Based in Nairobi, Malaica is redefining maternity care in Kenya by creating a space where women feel supported and confident from early pregnancy through delivery and beyond. [Visit our website](#) to learn more about our work.