

malaica

The joy of pregnancy, one step at a time.



For the Woman
Who Wants More
From Her Pregnancy.

EXPERIENCE MATERNITY CARE DESIGNED AROUND YOU

Why We're Here

- **Fragmented pregnancy care:** Pregnancy shouldn't feel like running errands across the city. Many women move between different facilities for scans, lab tests, consultations, and advice.
- **Unanswered questions and anxiety:** Appointments often end with more worry than reassurance. Many mums leave with unanswered questions about their baby and their changing bodies.
- **Limited emotional support:** Most maternity care focuses only on clinical checklists. Emotional and mental support during pregnancy is often overlooked.
- **Rushed, impersonal consultations:** Busy clinics mean short visits and long waits. Too often, medical staff can seem dismissive or unsympathetic, leaving mothers feeling like just another number on a checklist instead of truly being listened to.
- **Feeling alone in the journey:** Support often ends when you leave the clinic. Many women navigate pregnancy without trusted guidance or a supportive community.

Who We Are

Malaika is a premium, OB-GYN-led maternity centre offering true end-to-end support. By seamlessly blending world-class clinical expertise with compassionate community care, we provide an environment where you are heard, protected, and celebrated.

The Malaika Experience

Everything maternity, under one roof.

Your care should be as seamless as it is comprehensive. Every aspect of your journey is managed cohesively by our dedicated team.



Clinical Excellence

Unhurried OB-GYN consultations
Comprehensive antenatal care & delivery planning
On-site lab tests & diagnostics
High-resolution ultrasounds



Continuous Support

24/7 emergency nurse line
Continuous WhatsApp support for immediate answers that stay with you wherever you go
Guaranteed quick response times



Emotional & Mental Wellness

- Access to our exclusive mother's community
- Professional mental health and therapy sessions
- Partner-inclusive care that honors your growing family



Seamless & Insurance Friendly

- Acceptance of major insurance providers
- 100% transparent pricing
- No hidden surprises, just peace of mind

Your Pregnancy Journey, Structured

Step-by-step guidance, removing all uncertainty from your first scan to your first days at home.



1st Trimester (Weeks 5–13)

- Pregnancy confirmation & viability
- Comprehensive initial labs & early scans
- Thorough risk assessment & care mapping
- community onboarding for continuous support and reassurance

2nd Trimester (Weeks 14–27)

- Detailed growth monitoring & routine checks
- Prenatal education & nutritional guidance
- Fostering connections within the Malaica community



3rd Trimester (Weeks 28–40)

- Active birth preparation & symptom management
- Personalized delivery planning & hospital selection
- Mental readiness for labor and motherhood

Postpartum (The 4th Trimester)

- Expert lactation and feeding support
- Specialized new mum care & recovery monitoring
- Ongoing mental wellness check-ins

Unlike traditional hospitals, Malaica was built exclusively for maternity care.



Why Women Choose Malaica

- **"I want premium care."**
World-class clinical standards delivered in a warm and welcoming environment.
- **"I want speed."**
No endless waiting. Just efficient, highly respectful use of your time.
- **"I want my partner involved."**
Inclusive care that actively welcomes and engages your partner throughout the entire journey.
- **"I want doctors who listen."**
Consultations that feel unhurried, deeply personal, and incredibly thorough.
- **"I want everything organised."**
One centre, one dedicated team, and one beautifully seamless journey.

Malaica is for the woman who wants more.

Trusted by Mothers. Backed by the Best.

 Highly Rated by our clients on Google Reviews	Insurance Partners  Brokers  Internal Managed Schemes 	 Hospital Affiliations Seamless delivery coordination with Nairobi's trusted maternity hospitals
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Ready to Experience Pregnancy Differently?

Begin your Malaica journey today

📍 Location: **240 General Mathenge Gardens, Nairobi, Kenya.**

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🌐 Website: **malaica.com**

📱 WhatsApp: **+254 746 610643**

🌟 Socials:      