

# malaica

safe and joyful pregnancy



*For the Woman  
Who Wants More  
From Her Pregnancy.*

EXPERIENCE MATERNITY CARE DESIGNED AROUND YOU

## Why We're Here

- **Fragmented pregnancy care:** Pregnancy shouldn't feel like running errands across the city. Many women move between different facilities for scans, lab tests, consultations, and advice.
- **Unanswered questions and anxiety:** Appointments often end with more worry than reassurance. Many mums leave with unanswered questions about their baby and their changing bodies.
- **Limited emotional support:** Most maternity care focuses only on clinical checklists. Emotional and mental support during pregnancy is often overlooked.
- **Rushed, impersonal consultations:** Busy clinics mean short visits and long waits. Too often, medical staff can seem dismissive or unsympathetic, leaving mothers feeling like just another number on a checklist instead of truly being listened to.
- **Feeling alone in the journey:** Support often ends when you leave the clinic. Many women navigate pregnancy without trusted guidance or a supportive community.



## Who We Are

Malaica is a premium, OB-GYN-led maternity centre offering true end-to-end support. By seamlessly blending world-class clinical expertise with compassionate community care, we provide an environment where you are heard, protected, and celebrated.

## The Malaica Experience

**Everything maternity, under one roof.**

Your care should be as seamless as it is comprehensive. Every aspect of your journey is managed cohesively by our dedicated team.



### Clinical Excellence

- Unhurried OB-GYN consultations
- Comprehensive antenatal care & delivery planning
- On-site lab tests & diagnostics
- High-resolution ultrasounds



### Continuous Support

- 24/7 emergency nurse line
- Continuous WhatsApp support for immediate answers that stay with you wherever you go
- Guaranteed quick response times



### Emotional & Mental Wellness

- Access to our exclusive mother's community
- Professional mental health and therapy sessions
- Partner-inclusive care that honors your growing family



### Seamless & Insurance Friendly

- Acceptance of major insurance providers
- 100% transparent pricing
- No hidden surprises, just peace of mind

# Your Pregnancy Journey, Structured

Step-by-step guidance, removing all uncertainty from your first scan to your first days at home.



## 1<sup>st</sup> Trimester (Weeks 5–13)

- Pregnancy confirmation & viability
- Comprehensive initial labs & early scans
- Thorough risk assessment & care mapping

## 2<sup>nd</sup> Trimester (Weeks 14–27)

- Detailed growth monitoring & routine checks
- Prenatal education & nutritional guidance
- Fostering connections within the Malaica community



## 3<sup>rd</sup> Trimester (Weeks 28–40)

- Active birth preparation & symptom management
- Personalized delivery planning & hospital selection
- Mental readiness for labor and motherhood

## Postpartum (The 4<sup>th</sup> Trimester)

- Expert lactation and feeding support
- Specialized new mum care & recovery monitoring
- Ongoing mental wellness check-ins

Unlike traditional hospitals, Malaica was built exclusively for maternity care.



## Why Women Choose Malaica

- **“I want premium care.”**  
World-class clinical standards delivered in a warm, luxurious, and welcoming environment.
- **“I want speed.”**  
No endless waiting. Just efficient, highly respectful use of your time.
- **“I want my partner involved.”**  
Inclusive care that actively welcomes and engages your partner throughout the entire journey.
- **“I want doctors who listen.”**  
Consultations that feel unhurried, deeply personal, and incredibly thorough.
- **“I want everything organised.”**  
One centre, one dedicated team, and one beautifully seamless journey.

Malaica is for the woman who wants more.

## Trusted by Mothers. Backed by the Best.



**Highly Rated**  
by our clients on  
Google Reviews



**Insurance Partners**  
Major Insurances  
accepted



**Hospital Affiliations**  
Seamless delivery  
coordination with  
Nairobi's trusted  
maternity hospitals

## Ready to Experience Pregnancy Differently?

Begin your Malaica journey today

📍 Location: **Daykio Plaza, Ngong Road, Nairobi, Kenya.**

📞 Phone: **+254 746 610643**

🌐 Website: **malaica.com**

📱 WhatsApp: **+254 746 610643**

🌟 Socials:      