

INFANT DAILY SCHEDULE 6-12 MONTHS



Routines provide babies with stability. They also bring order into your home and organize your baby's caregivers. For baby to thrive, schedule time for naps, playtime and family activities.

7:00 am	
8:00 am	
10:00 am	
11:00 am	
12:30 pm	
2:00 pm	
3:00 pm	
4:30 pm	
7:00 pm	
8:00 pm	
1 NIGHT TIME FEED IF NEEDED	