



Our ultimate baby shopping list will help you purchase everything your newest family member really needs.

CLOTHING SIZE CHART			
SIZE	AGE	WEIGHT	HEIGHT
Newborn /Small	0-3 months	3.6 - 5.5 kg	18-23 in
Medium	3-6 months	5.5 - 8.0 kg	23-25 in
Large	6-9 months	8.6 - 9.5 kg	25-27 in
Extra Large	9-12months	9.5 - 10.5kg	27-29 in
BABY SHOPPING LIST			
ITEM	ISUGGESTED QUANTITY	PRICE <small>(left blank so you can track your costs)</small>	TIPS & CONSIDERATIONS
Bibs	6 pcs		Look for different types such as cloth, plastic with snap
Bottle Brush	2 pcs		Change it often( every few months) to ensure cleanliness
Bottle warmers	1		You can use a container with hot water instead
Bottles	3 pc		Be sure to get the correct size of nipples such as preemie or newborn
Cups/bowls/spoons			These are not necessary for 0-3 months
Food grinders	1		This is not necessary for 0-6 months
High chair for feeding times	1		These can be made locally
Plastic storage box for baby utensils	2		This helps to maintain a sterile environment
BREASTFEEDING			
Breast Pads	3 pkt		Base quantity on how much your breasts leak
Breast Pump	1		If you intend to breast feed but also going back to work
Milk freezer bags	100 bag		After pumping breast milk, these will help with fridge and freezer storage (bottles can be used for storage, as well)
Nipple cream	1 pkt		Try first to see if necessary - breastmilk is a good alternative
Nursing Bra	2		Get one size bigger than your size at birth
Nursing pillow & cove	1		You will use it for 3-4 months - regular pillows are a good alternative
Nursing tops	5		Tops that open easily for breast feeding
Sterilising Unit	1		Can also boil bottles
SLEEP			
Blankets	5		Various sizes
Booties/ socks	6 pairs		
Growers - Sleep sacks Neck to toe outfits	6		Get a range of sizes so that you have a few of the right size as baby grows
Moses Basket	1		Great for babies to sleep safely
Pyjama onesies	6 pcs		

CLOTHES		
Hats	3	Get mix of sizes for each stage of first 12 months
Mittens	4 pairs	Very helpful to avoid scratching face
Onesies - Long & Short sleeved	10	Same as rompers or cotton suits; Get mix of sizes for each stage of first 12 months
Shoes - open and closed toes		(1-12 months) Just because they are cute
Shorts	2	Get mix of sizes for each stage of first 12 months
Socks	8 pairs	Get mix of sizes for each stage of first 12 months
Sweaters	6	Get mix of sizes for each stage of first 12 months
T shirts	10	Get mix of sizes for each stage of first 12 months
Trousers	5	Get mix of sizes for each stage of first 12 months
Vests	5	Get mix of sizes for each stage of first 12 months
Dresses	6	Get mix of sizes for each stage of first 12 months
BATH & CHANGING		
Bath time toys		This is for 6-12 months
Bucket	1	For handling baby's laundry separately
Changing pad & liner	1	To keep surfaces clean while changing diapers; easy to move around the house
Cloth Diapers	10 pack	
Comb/Brush	1	
Cotton wool	3 reeks	Buy big reels or already separated
Diaper balm	5 tubes	Helpful to have around the house to change baby when necessary
Diaper bin	1	Bin with a lid to keep smell to minimum
Diaper packs - Mini Size	5 packs	It is advisable to buy jumbo packs for 2 months
Face Towels	10	A million uses from bathing to burping
Hooded towel	3 pcs	Great for massaging and after bath, hood keeps baby warmer
Nappy Liners	12 pcs	If using cloth diapers
Nappy Pins/ Fasteners	3 pcs	If using cloth diapers
Oil/lotion/gel	1	Try on small area of baby's skin first to be sure no adverse reactions
Wash Basin	1	Look for ones best suited for infants
Wipes	2 packs	
SAFETY		
Nail Clippers/Scissors/Manicure Set	1	Babies nails grow very fast so be ready to cut them frequently
Antiseptic	1 large bottle	Used mostly to clean bath tub
First aid kit	1	Used mostly to clean bath tub
Monitor	1	
Mosquito net	2	Be sure it fits over baby's moses basket and crib so may need a few of different sizes

Night Lights, or soft lighting	1		
Outlet protectors			
Sunscreen	1 bottle		Protection from UV rays is important for all complexions. Check with doctor before using on a baby
<b>PLAY</b>			
Books	You can never have enough		Get creative. Plastic books for playtime, books in different languages
Floor mat	1		Especially handy to have baby play on clean surface
Mobiles	1		
Play Gym	1		
Rattles & teethingers	5		
Stuffed animals and dolls			Ensure no loose parts
Swimming arm floaters	1		
Swimming Costume	1		
Toys			Endless types of toys to experiment with!
<b>TRAVEL</b>			
Carrier or Kikoy	1		
Car seat	1		
Changing pad	1		
Diaper Bags	1		One big bag to fit all baby's stuff in
Play pen	1		Usually used after baby's 6 months for them to sleep safely when away from home
Pram			Depends on how much walking and whether it's easy to move a pram around
<b>BABY'S ROOM OR SPACE</b>			
Cot or Crib	1		
Chair	1		Comfortable chair for mum to breastfeed
Changing table	1		Can also use any safe surface - never leave baby unattended on any high surface
Crib sheets	4 pcs		Be sure they match the size of the cot/crib you get
Dresser	1		For baby's clothes and items